

# CONCORDIA

Bound by trust



## NATURA Supplementary Insurance

NATURA – ideal for everyone practicing a conscious and active lifestyle

You prefer alternative treatment methods and would like to benefit from contributions towards health promotion and illness prevention. That is why we recommend NATURA.



**Natural alternatives**

Contributions towards alternative treatments – more than 70 methods with NATURA, more than 130 with NATURA<sup>plus</sup>



**Health promotion**

Contributions towards health promotion and illness prevention



**For families**

Special benefits for families – attractive premiums for children

# NATURA

## Supplementary Insurance

NATURA comes with different benefit options. This way, the insurance protection can be adjusted to personal situations as well as to individual demands.

		NATURA	NATURA <sup>plus</sup>
<b>Alternative medicine<sup>1</sup></b>	Treatments by doctors, naturopaths and therapists	Over 70 methods	Over 130 methods
	Outpatient treatments <sup>2</sup> including remedies <sup>2</sup> prescribed by naturopaths <sup>2</sup>	75 % Max. CHF 4,000/year	75 % Max. CHF 6,000/year
	Outpatient treatments <sup>2</sup> including remedies <sup>2</sup> prescribed by therapists <sup>2</sup>	75 % Max. CHF 1,500/year	75 % Max. CHF 2,000/year
<b>Health promotion</b> For measures recognised by CONCORDIA and provided by suppliers recognised by CONCORDIA	Back/posture training		
	Fitness (CONCORDIA Sport Bonus <sup>3</sup> , contributions towards fitness membership and parent/child gym course)		
	Pregnancy (e.g. childbirth preparation)		
	Baby swimming course <sup>3</sup>		
	Muscle building (only on medical prescription)		
	Courses on other health-related topics		
		50%, max. CHF 200/area/year More than one area: total of max. CHF 500/year	
<b>Illness prevention</b>	Various contributions towards prevention measures	90 % Max. CHF 500/year	

<sup>1</sup> maximum contribution per year for alternative medicine: NATURA CHF 4,000 and NATURA<sup>plus</sup> CHF 6,000

<sup>2</sup> if recognised by CONCORDIA

<sup>3</sup> contributions only with NATURA<sup>plus</sup>

The term 'year' is intended to mean the calendar year.

Further information: [www.concordia.ch/en/natura](http://www.concordia.ch/en/natura)

This leaflet is provided for informational purposes and does not represent a binding offer. The General Insurance Terms and Conditions of the supplementary care insurances and the Additional Insurance Terms and Conditions regarding NATURA Insurance of CONCORDIA prevail.

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